

# SAFEGUARDING NEWSLETTER



## WELCOME PARENTS & CARERS!

Dear Parents and Carers,

We are pleased to introduce our brand-new Safeguarding Newsletter, which will be shared with you on a monthly basis. At Phoenix Primary, safeguarding is at the heart of everything we do, and this newsletter is designed to keep you informed, supported, and up to date.

Each edition will include key updates, guidance on keeping children safe both in and out of school, and useful resources for families. We will also share information about local and national initiatives, as well as highlight the different ways we work together to ensure that every child in our care feels safe, happy, and able to thrive.

We hope you find this newsletter helpful and informative. Your partnership is vital in keeping our school community safe, and we thank you for your continued support.

**The Phoenix Safeguarding Team**

## HEALTHY PACKED LUNCHES

Please help us promote healthy habits by including a balanced mix of fruit/veg, a main item (sandwich, wrap, pasta), and water in your child's lunch. We kindly ask that sweets, chocolate bars, and fizzy drinks are left at home.



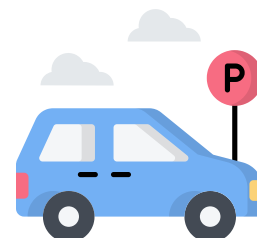
## PUT YOUR PHONE AWAY



Please avoid using your phone on the yard. Take the chance to chat to your child instead - they love sharing their day with you. Phones down, smiles up!

## KEEPING OUR CHILDREN SAFE AT DROP OFF & PICK UP

Please help us keep children safe by not parking on yellow lines or in the 'Keep Clear' zone outside school. These areas must stay clear at all times. Where possible, consider parking a little further away and walking the short distance. Thank you for your support.



## ATTENDANCE

We believe there is a strong link between attendance and safeguarding. A child's absence from school can often be an early indicator of an increased need within a family and poor attendance can be a sign of a safeguarding concern.

A child who is not in school is a child who is not achieving: development, social and emotional wellbeing and safety may all be compromised.

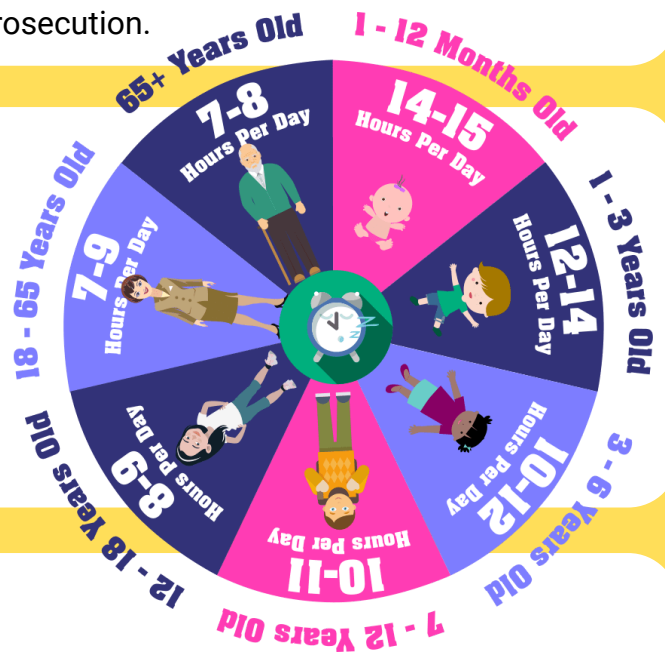
It is important that parents contact our school office every day that a child is absent from school. Telephone school on: 01512283831.

Parents are required under the Education Act (1996) to ensure children attend school regularly. The headteacher of a school has a discretionary power to authorise absence only in exceptional circumstances. A family holiday is not an exceptional circumstance. If you still take your child out of school, each parent with parental responsibility will be issued with a £160 penalty notice for each child you have taken out of school. Continuing to take term time holidays could lead to prosecution.



## HOW MUCH SLEEP DOES MY FAMILY NEED?

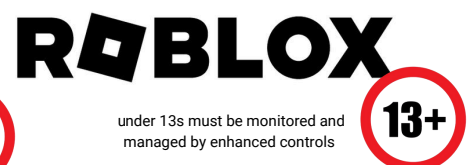
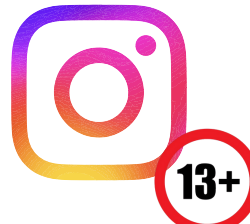
A good night's sleep helps children concentrate, learn, and feel their best. Primary-aged children need around 9–12 hours of sleep each night. Let's work together to build healthy bedtime routines!



## ONLINE SAFETY

Please take time to regularly check in with your child about their online activity. Simple steps such as knowing which apps they use, setting age-appropriate controls, and encouraging open conversations can make a big difference. Together, we can help children stay safe online.

Did you know that most popular apps have minimum age requirements? Please help keep children safe online by following these guidelines:



We encourage all parents to talk regularly with their children about their online activity, use parental controls where needed, and ensure they only use age-appropriate apps. Together, we can help our children enjoy the internet safely.