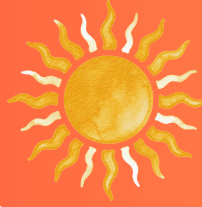


CHILDREN'S SAFEGUARDING NEWSLETTER



DEAR CHILDREN,

Well done for working so far this half term! As we get closer to the summer holidays, we know many of you are enjoying the sunshine and spending more time outside with your friends and family.

This month, we're sharing some important reminders to help keep you safe, happy and healthy.

The Phoenix Safeguarding Team

STAYING SAFE ONLINE

Lots of children enjoy playing games, chatting with friends and watching videos online. The internet can be a fun place, but it's important to stay safe.



Remember:

- ★ Not everyone online is who they say they are.
- ★ Never share your name, address, school, passwords or photos with someone you don't know.
- ★ If someone asks you to keep a secret, send a photo, join a private chat or makes you feel worried or uncomfortable, tell a trusted adult straight away.
- ★ Even if someone says they are another child, they might not be telling the truth.
- ★ Be kind to others online and never send messages that could upset someone.

If something online doesn't feel right, trust your feelings. Stop chatting, tell a trusted adult and remember—you will never get into trouble for asking for help.

KEEPING COOL

Hot weather can sometimes make us feel tired, grumpy or frustrated—and that's okay! Even adults can feel like this when it's very hot.

Remember to:

- 💧 Drink lots of water
- 🧢 Wear your hat outside
- 🕶️ Stay in the shade when you can
- 😴 Get plenty of sleep
- ❤️ Be kind to yourself and others



WE ARE HERE TO HELP

You can always talk to:

- Adults in school
- Your family at home



No problem is too small – we are always here to help you.

EVERY DAY COUNTS

Coming to school every day helps you learn new things, spend time with your friends and get ready for your next class.

Thank you for coming to school ready to learn and shine!

BEING A KIND FRIEND & RESPECTING DIFFERENCES

Being kind means:

- ♥ Including others
- ♥ Listening to different ideas
- ♥ Respecting everyone's differences
- ♥ Speaking kindly, even if you don't agree

We don't always have to think the same things, but we should always treat each other with kindness and respect.

