



PHOENIX CHILDREN'S SAFEGUARDING NEWSLETTER

SUMMER SAFEGUARDING SPECIAL - JULY 2026



Have a fun, safe and amazing summer! ❤️

HELLO PHOENIX!

The summer holidays are here!

We hope you have lots of fun, make amazing memories and stay safe.

This newsletter is full of tips to help you look after yourself and others over the holidays.

We can't wait to see you back on Wednesday 2nd September!

Phoenix Safeguarding Team ❤️



SUMMER SAFETY



Wear sun cream and hats in hot weather.



Drink lots of water.



Stay safe around water and never swim without an adult.



Wear helmets when cycling or scootering.



Stop, look, listen and think before crossing the road.



Keep children supervised in busy places.



SUPPORTING TRANSITION

NEW CLASS

NEW FRIENDS

NEW ADVENTURES

- ♥ Talk positively about September.
- ♥ Look at photos from transition day.
- ♥ Ask questions if you're worried.
- ♥ Remember everyone feels nervous sometimes.
- ♥ Celebrate everything you have achieved!



KEEPING ROUTINES

- ✓ Go to bed at a good time.
- ✓ Less screens before bedtime.
- ✓ Read together every day.
- ✓ Get your clothes and bag ready.
- ✓ Be independent and help at home.



PHONES DOWN CHALLENGE



Can you try the 7-Day Phones Down Challenge? Spend less time on screens and more time on real-life fun!



Family time



Outdoor adventures



Reading



Creativity



Time with friends

Even one week away from screens can improve sleep, wellbeing and confidence!



RESPECT, PRIVACY AND CONSENT - WE ALL HAVE THE RIGHT TO BE TREATED WITH DIGNITY

EVERYONE HAS THE RIGHT TO:

- ♥ Feel safe.
- ♥ Have privacy.
- ♥ Be treated with respect.
- ♥ Say "no" to something that makes them feel uncomfortable.
- ♥ Keep their body private.



WE SHOW RESPECT BY:

- ♥ Asking for permission.
- ♥ Listening to other people.
- ♥ Using kind words and actions.
- ♥ Respecting everyone's differences.
- ♥ Including everyone.



THESE MESSAGES LINK TO:



BRITISH VALUES

We are kind, respect each other and have freedom of choice.



PROTECTED CHARACTERISTICS

The law protects people from discrimination because of differences like disability, race, religion, sex, age and many more.



SAFEGUARDING

If something worries you, talk to a trusted adult.



ATTENDANCE MATTERS!

Being in school every day helps you learn, make friends and do your best!

- ✓ Try your best to be in school every day.
- ✓ Arrive on time and ready to learn.
- ✓ Every day counts!



STAYING SAFE ONLINE

- ✓ Know who you're talking to.
- ✓ Check privacy settings.
- ✓ Use age-appropriate apps and games.
- ✓ Use devices in shared spaces.
- ✓ Tell a trusted adult if something upsets or worries you.



FREE SUMMER ACTIVITIES

Lots of fun things to do!

- ★ World Museum
- ★ Museum of Liverpool
- ★ Tate Liverpool
- ★ Open Eye Gallery
- ★ Liverpool Central Library
- ★ Parks and playgrounds
- ★ Free skate parks



FLYING THIS SUMMER?

Airports can help if you need extra support.

- ✓ Sunflower lanyards
- ✓ Quiet spaces
- ✓ Sensory facilities
- ✓ Special assistance

Ask your airline at least 48 hours before you fly!



OUR PHOENIX VALUES DON'T TAKE A HOLIDAY!

Show our values every day, everywhere!

KINDNESS

Include others, help someone and use kind words...



AMBITION

Read a book, learn a new skill or try something new!



RESPONSIBILITY

Brush your teeth, help at home and stay safe online.



RESILIENCE

Keep trying, learn from mistakes and ask for help when needed.



LOOKING AFTER YOUR WELLBEING

- ♥ Keep some routines.
- ♥ Go outside and get active.
- ♥ Spend time with people you love.
- ♥ Talk about your feelings.
- ♥ Ask for help if you need it.



HAVE A WONDERFUL SUMMER!

Thank you for another fantastic year at Phoenix Primary School. We hope you have a safe, happy and fun summer full of amazing memories!

SEE YOU ON WEDNESDAY 2ND SEPTEMBER!



♥ No worry is ever too small to share. We are here to listen and help.