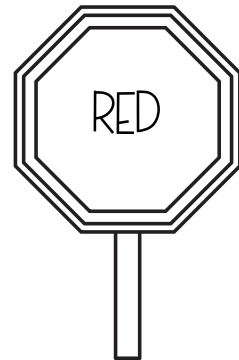
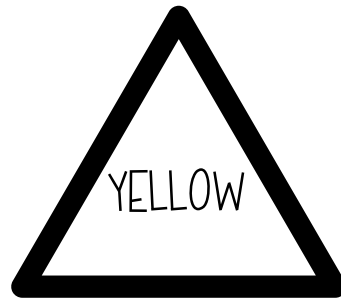
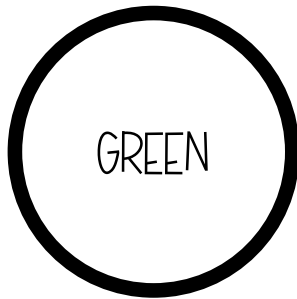
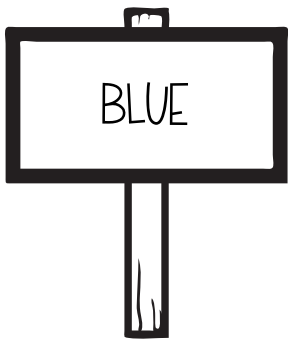


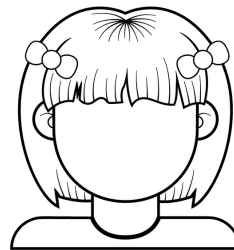
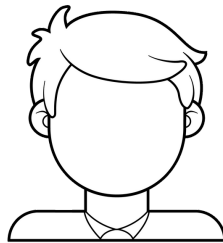
Zones Check-In

Name: _____

Circle the Zone you are in right now



DRAW THE EMOTION YOU ARE FEELING



How big is this emotion?



If you could see your emotions, how would they look?

